

Butterflies Common to North Texas

Host and Nectar Plants for Common Butterflies

Source: Texas Master Naturalists Elm Fork Chapter: <https://txmn.org/elmfork/>

BUTTERFLY	HOST (LARVAL FOOD)	ADULT NECTAR SOURCES
Tiger swallowtail	Mexican plum, green ash, camphor tree, blackberry, cottonwood.	Butterfly weed & other milkweeds, abelia, butterfly bush. salvias
Black swallowtail	Parsley, dill, wild carrot, Dutchmans breeches, fennel	Lantana, milkweed, clover, fruit tree blossoms, clover, mistflower, aster
Pipevine swallowtail	Dutchman's pipe	Thistle, lantana, frostweed, phlox, cardinal flower, sand-verbena
Giant swallowtail	Hop ash, trifoliolate orange, Hercules' club, black cherry	Lantana, milkweed, coral honeysuckle, butterfly bush
Monarch	All milkweed species, inc. butterfly weed	Mistflower, lantana, sunflowers. frostweed, goldeneye
Cloudless giant sulphur	Partridge pea, senna	Turks cap, salvia, lantana, cardinal flower, hibiscus
Hackberry	Hackberry, sugarberry	Varied
American lady	Thistle, composites	Thistle, gayfeather, aster, clover
Painted lady	Thistle, milfoil, mugwort and mallow	Thistle, gayfeather, aste
Gulf fritillary	Passion-vine, passion-flower, violets	Mistflower, lantana, aster, goldeneye, butterfly bush
Variegated fritillary	Violet, pansy, passion-flower, purslane	All flax species, mistflower. clover
Great purple hairstreak	Cottonwood , mesquite, sycamore	Mexican plum, creek plum. goldenrod, ragweed
Red admiral	Nettle, false nettle	Mistflower, milkweed, aster
Buckeye	frog fruit, plantain, snapdragon, flax, ruellia, paintbrush	Same " plus purple gerardia and composites
Queen	All milkweed species, inc. butterfly weed	Boneset, mistflower, milkweed, frog fruit
Viceroy	Cottonwood , willow, some fruit trees	Most nectar-producing plants
Question mark	All elms (inc. cedar), hackberry, nettle	Aster, milkweed, inc. butterfly weed
Common skipper	Hibiscus, mallow, hollyhock	Fleabane, dandelion, milkweed, aster, frog fruit
Fiery skipper	Native grasses	Most nectar-producing plants
Zebra longwing	Passion-vine, passion-flower	Lantana, mistflower, boneset, goldeneye
Checkered white	Mustards	Most nectar-producing plants